

Quintessence™

Natural pH Body Harmonizer

Is Quintessence™ for you?

Quintessence™ is primarily for individuals

- Who want a product that promotes the normal detoxification of heavy metals by the body
- With elevated stomach acidity
- Who live performance-demanding lifestyles

What is Quintessence™?

Quintessence™ is a proprietary product made from a concentrated extract of a particular variety of alfalfa. It is a rich source of beta-carotene with the recommended daily dose of three capsules providing close to 50% of your RDI for Vitamin A. Quintessence™ is one of the most concentrated natural foods on the market. It is also rich in the purest form of highly bio-active enzymes, vitamins, carotenoids, amino acids, fatty acids and other functional macro and micro nutrients.

How does Quintessence™ help you?

Quintessence™ is shown to have a range of benefits, the most significant being its potential to enhance your body's normal detoxification mechanisms for heavy metals. With fish consumption around the world on the increase, with concern about associated ingestion of mercury and with cadmium, lead and aluminium further contributing to a significant toxic load, cleansing the blood of heavy metals is a health priority. The high concentration of chlorophyll in Quintessence™ aids in purifying your bloodstream and tissues. It also thickens and strengthens cell walls, promoting healthy cellular function. This means cells are better able to deal with the toxins that accumulate in your body due to fatigue, emotional tension, pollution and chemically-treated and processed foods. In addition, chlorophyll in Quintessence™ is one of the most effective, natural, body deodorisers known and it may well reduce or eliminate your need for chemical deodorants

Quintessence™ is a rich source of biologically-active functional natural compounds which:

- Detoxify blood and remove free radicals
- Help cells to resist stress
- Help balance protein and energy metabolism
- Support skin health

Quintessence™ can be beneficial if you have a performance-demanding lifestyle – providing you with macro- and micro-nutrients to increase your body's bio-energy and amino acid pools. The natural components of herbal extracts show anti-oxidative properties (cysteine, methionine, calcium pantothenate, vitamin E, beta-carotene, zinc and others), minimise lipid oxidation and cellular damage, (thereby preventing premature aging) and promote healthy cardiovascular function.

How is Quintessence™ different?

Quintessence™ is a rich source of beta-carotene which acts as a powerful anti-oxidant, stimulates digestion and has reported anti-stress effects. It is of value if you are looking for a supplement to support healthy gastrointestinal function. Quintessence™ provides vital alkalising benefits in the case of hyperacidity by controlling the flow of hydrochloric acid to the stomach and supporting the action of the gastric enzyme – pepsin.

What dose for you?

The effective oral dosage of Quintessence™ should be determined individually in consultation with your healthcare professional. Each desired therapeutic effect combined with your individual biological makeup requires a specific dose. However as a general rule we recommend:

- For adults – one capsule in the morning and two capsules in the evening, half an hour before meals.
- For individuals weighing more than 85kg - two capsules in the morning and three capsules in the evening.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed information please go to www.naturalhi.com

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Biochemical and nutritional characteristics:

Vitamins (mg/kg DM)

Beta-carotene	730	Alpha-tocopherol	280
Ascorbic Acid	10	Folacin	4
Niacin	90	Riboflavin	22
Thiamine	7	Vitamin B6	15
Vitamin K	9	Pantothenic Acid	60
Biotin	1		

Pigments (g/kg DM)

Chlorophylls	5-10	Xanthophylls	1.1-2.4
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Amino Acids (g/100g Protein)

Aspartic Acid	9.60	Threonine	5.06
Serine	4.72	Glutamic Acid	11.25
Proline	4.95	Glycine	5.64
Alanine	6.91	Valine	6.34
Cystine	1.52	Methionine	2.29
Isoleucine	4.01	Leucine	9.13
Tyrosine	4.38	Phenylalanine	6.08
Lysine	6.65	Histidine	2.34
Arginine	6.75		

Macro-elements (% DM)

Calcium	2.0	Phosphorous	0.5
Potassium	1.1	Sodium	0.10
Chlorine	0.40	Magnesium	0.5

Micro-elements (mg/kg DM)

Iron	900	Zinc	33
Manganese	60	Copper	33
Cobalt	1.5	Iodine	0.2

Fatty Acid (% of total)

Caprylic Acid	0.6	Capric Acid	0.2
Undecylic Acid	0.4	Lauric Acid	0.5
Tridecylic Acid	0.4	Myristic Acid	0.6
Myristoleic A.	0.9	Pentadecylic A.	1.0
Palmitic Acid	15.4	Palmitoleic Acid	5.2
Margaric Acid	0.8	Stearic Acid	2.5
Oleic Acid	2.5	Linoleic Acid	8.9
Linolenic Acid	48.4		

Proximate Analyses (%DM)

Dry Matter	92	Crude Protein	45-58
Ether Extract	8	Crude Fibre	< 1.5
Crude Ash	9		

Metabolisable Energy (MJ/kg DM) 12.1